🏀 2026 Youth Basketball League Parent Overview🏀

(Grades 1–2)

Welcome to the season! Please review the key information below so your family is ready for a smooth and exciting league experience.

This email is specifically for Grades 1-2. A separate email was sent for Grades 3-8 and is also available on the website.

📲 Stay Connected

Download the LeagueApps Play app
Rosters, schedules, standings & team communication.

Your LOGIN email address is the email address associated with the account you used to REGISTER your child.

⚠️ If you played in a previous season, **delete and reinstall the app** to view the current season.

See Below to see image of LeagueApp Play app



Website
alodiasports.com → Youth Basketball Leagues → Location → **Fall 1 Information**

Social Media
• Instagram: @AlodiaBasketball
• Facebook: Alodia Sports Academy

👥 Team Information

- View rosters, team name, practice dates/times, and coach in the **LeagueApps Play app** now.
- Game schedules - see timeline below
- Questions? Email taylor@alodiaconsulting.com.

🏀 Practices

- **Days:** see app for dates, times, and gym location [pay close attention to Labor Day week] - EVERYTHING in the app is correct
- **Players should bring a basketball** with your child's name
    - Grades 1–2: 27.5-inch
- Wear clean, non-marking shoes

🎯 Skills Training (Combo Package)

- **Check app for dates & times**
- Limited spots remain if you'd like to add Skills Training.
- **Players should bring a basketball** with your child's name
    - Grades 1–2: 27.5-inch
- Wear clean, non-marking shoes

🗓️ Game Schedules

- **Schedule Release in app**
    - Week 1: **Tuesday, September 1 (by 10 PM)**
    - Full schedule: **Friday, September 4 (by 10 PM)**
- **Season Format**
    - **6 games**: Saturdays September 5, 12, 19, 26, October 3 + 1 doubleheader Saturday
- Team coaches and a referee will be on the court and to help the players.
- **Scores** shown on scoreboard are for fun & teaching - no official stats or standings are kept for grades 1-2.
- Check LeagueApps Play app for game locations + times.

👕 Reversible Jerseys

- Distributed **30 minutes before the first game** by your coach**.**
- Numbers **CANNOT** be changed (rosters are already assigned with names and numbers for app & BallerTV).
- Replacements only if the jersey is 2 sizes off (please notify Alodia supervisor).
- Home Team: **Light**; Away Team: **Dark**

🏀 Grades 1–2 Game Rule Specifics

⏱️ Game Flow

- All players shoot **free throws** at the **end of each half**.
    - Each made shot counts as **2 points**.
- Coaches must **clear the bench every 5 minutes** — ensure all players receive **equal playing time**.

🛡️ Defense

- Defense must stay **behind the 3-point line**.
- **No double-teaming** or helping off your assigned player.
- Players should learn **individual defensive positioning** and focus on effort and fundamentals.

🏃 Offense

- Each player should have the opportunity to **dribble the ball up the court.**
- **Fast breaks are limited** — this is not intended to be a track meet.
- Encourage **at least one pass** before any shot attempt to promote team play and ball movement.

🔄 Substitutions & Matchups

- At every substitution, **match up players** to ensure balanced and fair competition.
- Coaches will be **on the court** actively encouraging and teaching — focus on **positive energy**, effort, and teamwork.

💙 Sportsmanship & Environment

- Above all, create a **fun, supportive, and engaging** environment so players develop a love for the game and return season after season.

⭐ Additional Highlights

- **BallerTV:** All games live-streamed (40% discount available through first weekend of the season - see website)
- **Concessions & Alodia apparel:** Available at games *(cashless only)*
- **Code of Conduct:** Remember to **respect referees, players, and staff at all times**
- **On-site issues:** See Alodia supervisor first, then send a follow up email if needed.
- **Facilities:** Please help keep gyms clean.

📅 Upcoming Programs

Fall 2 Youth League

- Early Bird Registration Opens: **Wednesday, September 2 by 10pm**
- Season Begins: **Week of September 28 (evaluations)**

Thank you for being part of Alodia Basketball — we're excited for a great season!